



## **CORONAVIRUS INFORMATION**

## COVID-19

## FOR THE PROTECTION OF ALL, FOLLOW THESE SHIELDING MEASURES



Air rooms as often as possible



**Restrict your social contacts** 



Regularly wash your hands or use hydroalcoholic gel



Keep a distance of at least two meters between you and others



Cough or sneeze into your elbow or into a tissue



Greet without handshakes or hugs/kisses



Use the digital tools (TousAntiCovid)



Wear a category 1 surgical or fabric mask when it is not possible to respect two-meters distancing



Use single-use tissues and throw them away after use



Avoid touching your face

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(toll-free)



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